

Caregivers, want to level up your parenting confidence?

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The Response Roadmap

Parent Coaching Program

Designed by an adolescent mental health expert and informed by EFFT and ACT,

The Response Roadmap

is a virtual Parent Coaching Program that helps parents of teens or young adults get calm, confident and connected.

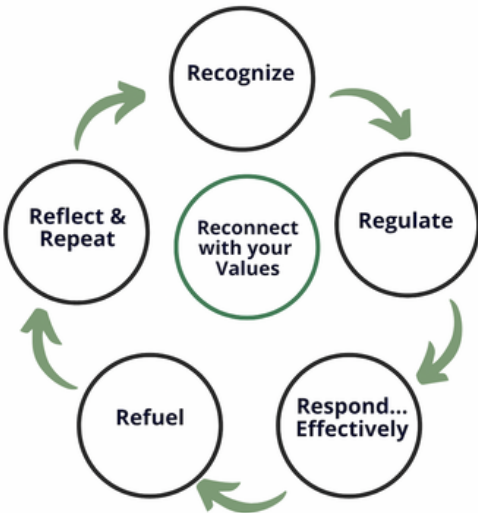


Bryn Miller, LPC, CEDS-S

Advanced Certified EFFT Therapist

More support for you, so you can help your child.

- + 7+ Hours of interactive video lessons that can be accessed anytime, anywhere, at any pace
- + Concrete, **actionable skills**- a powerful adjunct to your child's treatment plan- no matter the diagnosis
- + Exclusive **monthly live coaching calls** with Bryn and fellow parents for accountability and FAQs



The Response Roadmap

Signature 5-Step Framework



Education

Offer parents the information they need in a format that works with their busy lives.



Skills

When parents get tools, they show up more effectively and better support their child.



Support

Compassionate support mitigates anxiety and burnout, so parents can focus more on helping.

www.brynmillercoaching.com